

Sorrow Into Joy

An Object Lesson

There are many times when we need something to change colors to make a point. We recently had a lesson on how Jesus can turn our sorrow into joy. To help drive the point deeper, we used an object lesson.

The supplies – one pitcher, two clear glasses, water, yellow food coloring, red food coloring, green food coloring, bleach, a Sharpie marker.

The set up –

Place a piece of clear tape on each of the containers and use a marker to label the pitcher – “Joy,” one glass – “Jesus,” and one glass – “Sorrow” (or sadness)

Fill the pitcher with water and add some yellow food coloring to it to turn it yellow.

Fill the “Sorrow” glass about half full of water and add the red and green food coloring to it (the goal is to make it black).

Fill the “Jesus” glass about half full of bleach.

The story –

We used the story of the woman with the issue of blood but you can use any story that conveys the same concept. Tell how the woman was so full of sadness because she was sick and had no more money. Then tell how one day, she touched Jesus and Jesus took away her sickness and her sorrow. Pour the bleach into the glass of colored water and continue telling the story.

The reaction –

The bleach will begin to transform the color in the water from the bottom – up. It will turn blue, then green, and finally yellow (which matches the color of the “Joy Jug”). You might experiment a couple of times before the service to try and determine which combination gives you the closest match in color.